

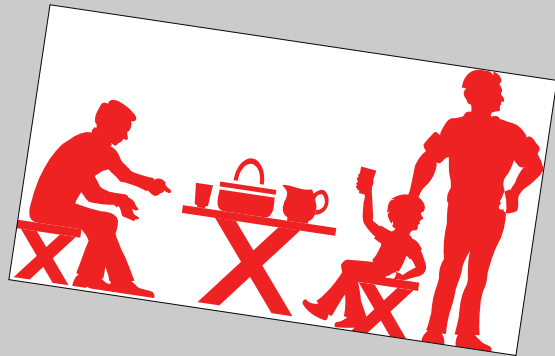


Sherman Oaks Neighborhood Association

**NATIONAL NIGHT OUT
EVENT**

**TUESDAY, AUGUST 7
6:00 P.M.—9:00 P.M.**

**AMERICA'S NIGHT OUT
AGAINST CRIME**



This National annual event is sponsored by SONA with the aid of Community Action Pride Grant provided by the City of San Jose to help you get to know your neighbors and your neighborhood.

Highlights

- ◆ *Food & Refreshments*
- ◆ *Games for everyone*
- ◆ *Face Painting*
- ◆ *Neighborhood Contests*
- ◆ *Free Movie—Finding Nemo*
- ◆ *Gifts, goodies & prizes!*

Notes and News

Of course, our big news this month is our National Night Out Celebration! Instead of our Thursday meeting, we will be hosting this event.

This is your chance to walk a couple blocks with family and neighbors and come down for a free evening of fun at the Sherman Oaks Community Center. SONA has received a grant to hold this celebration and will be providing food (pasta and salads) and drinks. If you like, give Michael a call and let him know you are bringing a dessert. NNO is a global effort to take back our community at night by bringing neighbors together once a year.

There will be a movie (Finding Nemo), face painting and games like cup stacking. We'll play neighborhood bingo, get a peek at the latest design for our community center/library and see who our oldest and youngest participants are. We're hoping to have the fire truck for all you big and little kids to explore. Whether you are new to the neighborhood or a lifetime resident, this is a chance to say hello to everyone.

We will be giving away energy saving 75 and 100 watt equivalent compact fluorescent light bulbs while quantities last so you can help light up your street at night. One of the best crime fighting tools is to have our neighborhoods lit up in the evenings. We also have a limited supply of energy saving booklets provided by PG&E.

For you gardeners who are trying to show off this year's crop or get rid of some of the excess produce, bring it along and you can share with neighbors. That's better than sneaking over and leaving gifts of zucchini on their doorsteps at night.

Grab the kids, grab a neighbor and come on over for a fun evening. Come see what SONA is all about!

Thanks to new and renewing members this month: **Bill and Rena Bailey, Chris Burnell and Nick and Marla Bressani.** Membership dues help pay for newsletters, offset meeting expenses and delivering information to our neighbors.

Our September meeting will bring us back to our regular meeting time and date with a presentation by the Climate Project titled "Realities of Global Warming".

In **October** we will be adjusting our schedule to allow for an **extended meeting that runs from 6:30 to 8:30 p.m. For the many residents who want to be trained in Emergency Preparedness, this is your chance to attend a short min-course, become certified in this course and walk away with a binder that will allow you to prepare your household and business emergency preparedness plan.** This is the first step in organizing a neighborhood wide program. As we've seen in recent years, we can expect to be on our own when (not if) a disaster strikes our area for an extended period of time. By preparing now we can ensure our neighborhood is ready and able to act.

SONA is always looking for new board members to fill current vacant positions and positions that will become vacant when term limits remove some current officers. If you want to help work on neighborhood issues and have already been attending meetings, you are already doing the work. Becoming a board member allows you to develop stronger skills that will enable you to help resolve problems in your part of our neighborhood.

Our message from the President this month is...come to National Night Out on Tuesday 8/7!

PRESIDENT, Michael LaRocca	564-2374	mlrool@yahoo.com	SONA's newsletter is published monthly and distributed to almost 1500 residences. It is partially funded by a City of San Jose CAP Grant. All ad copy is due by the 15th of each month. Our all-volunteer group welcomes your participation and comments.
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SONA Newsletter Editor: Randi Kinman SONA Website Administrator: Sonya Paz			

Save the Date

Saturday Farmer's Market is back on The Alameda. From 8:30am-12:30pm you can join others in purchasing farm fresh produce, cheese and seasonal fish at the public parking lot next to Peets Coffee and Tea at 1345 The Alameda. A kids jump house is available. Every last Saturday of the month will be a different festival (music, drums, dancing, etc.) There is also a Farmers Market in Willow Glen behind the old theater that runs every Saturday, allowing you a choice of local markets.

August 10-12 is the 18th annual San Jose Jazz Festival. While it's no longer free, the \$5 daily admission (kids 12 and under are free) allows you to enjoy more than 100 performances on 10 stages around the downtown area. This event is recognized as one of the best and SONA residents can get there via light rail and avoid traffic and parking. Enjoy the many food and beverage vendors or bring your own, along with your lawn chair and sunscreen. For more info call 288-7557 or visit www.sanjosejazz.org.

Saturday, Sept 15 is Bark in the Park at Williams St Park in San Jose. This is an incredible event from 10am-5pm geared towards all things canine with contests, swim areas, demonstrations and dozens of booths. Even if you don't have a dog, it's a fun event. Proceeds benefit the Humane Society of Santa Clara Valley and the Campus Community Association. Contact: Ken Podgorsek at BigDog@BarkSanJose.org or 793-5125.



Now through September 21 is the time to visit an exhibit at City Hall entitled The Story of a Silicon Valley Orchard. Angela Buening Filo documented the last prune orchard in the valley by taking daily photographs of over 1700 trees before the property on Cottle Road was sold for development. This incredible reminder of why this was called "The Valley of Hearts Delight" is in the main lobby. The photos are printed on 2"x2" magnets mounted on a two-story back drop. It became an interactive display at the June 18 open house as people moved magnets around and rearranged the display.



Saturday, September 29 is Play Day in San Jose. San Jose is participating in the first year of Playful Cities organized by KaBOOM!, a non-profit dedicated to bringing play spaces within walking distance of every child. This date will mark the 100th anniversary of the first presidential efforts at providing play spaces. Organizations from around the country are participating in this celebration and Nickelodeon TV also turns off programming for hours. Parks, Recreation and Neighborhood Services staff will be providing activities and events in each council district for those (of all ages) who want to get out and play for a day.

October 27 is the Family Health & Resources Fair sponsored by O'Connor Hospital and the Burbank Community Association from 10am to 2pm.

A great resource for more events is the San Jose Visitors and Convention Bureau. Contact them at 295-9600 or visit the website at www.sanjose.org.

Good Neighbor Corner

Susan Price-Jang wanted us to recognize our helpful neighbors Chuck and Max who drop in on one of our elderly residents. She knows that when drop in to chat or help out around the house, it makes a world of difference for a housebound neighbor. If you have a neighbor that you don't often see, take a few minutes to drop off fruit or flowers or just stop in for a chat. Follow Chuck and Max's examples and be the neighbor that helps build these connections.

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Guadalupe River Park And Gardens

This regional gem has activities for everyone year round. On a daily basis you can enjoy river front open space running from Discovery Meadow downtown all the way to the airport. For information on ongoing and seasonal activities visit their website at www.grpg.org, drop in at the new visitors center at 438 Coleman Avenue or call 298-7657.

Thursday, August 9 is Adventures on the Green from 11am-2pm. This free event will be held at the Arena Green. With free carousel rides for the kids, crafts, activities and a concert by Andy Z, this promises to be a great day. And, Sharkie will be showing up at noon!

Aug 9-Sep13 features Sunset Yoga. This gentle yoga class will be held in the park every Thursday night. Space is limited. \$30/member or \$35/non-member. Time: 6:15-7pm.

Sept 8 -Oct 13 will be Sunrise Fitness Walking and Vinyasa Yoga. Starting at 8am you will begin with a fitness walk and end with gentle yoga. Space is limited. Pricing as above.

Aug 21 features a session for educators called "Do you know your way around San Jose?" that shows how to use technology and incorporate geocaching into your curriculum. Space is limited for this in-service day. Cost is \$35.

Saturday, October 13 is Pumpkins in the Park at Discovery Meadow. This is an incredible family event with crafts, activities, food, entertainment, bounce houses, face painting, music, dancing, demonstrations, cider tasting and...of course, pumpkins. You can reach this free event by light rail. Event runs from 10am-4pm.

Ongoing programs include the Heritage Rose Garden, children's camps, a heritage orchard, demonstration gardens, home composting workshops, and sister city garden areas among many other activities.



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Stay Cool This Summer

San Jose is one of only two Bay Area cities that provide 24 hour relief when the weather becomes excessively hot during the summer. Ten cooling centers throughout town will be available for the entire family. Children and the elderly are especially susceptible to becoming disabled by extended periods of heat. There is no need to suffer this year. Protect yourself and your family from becoming over heated and take a break in a clean, cool city facility. Listed below are some of the centers that will be open nearby. For more information contact the Parks, Recreation and Neighborhood Services Department at 277.2741.

Gardner Community Center

520 W. Virginia St. San Jose CA 95125
408.277.4761

Willows Senior Center (open to all ages)

2175 Lincoln Ave., San Jose 95125 408.448.6400.

Camden Community Center

403 Cypress Avenue, San Jose 95124
408.559.8553